

NEST SCHOOL LUNCH MENU

Hope Lutheran School September 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Baked Chicken, vegetables, fruit	2 Mac n cheese, vegetables, fruit	3	4
5	6 No School	7 Fresh yakisoba noodles, vegetables, fruit	8 Baked Chicken, vegetables, fruit	9 Corn, pepper and black bean quesadillas, vegetables, fruit	10 Make your own bagel sandwiches, vegetables, fruit	11
12	13 Pasta with mini meatballs, vegetables, fruit	14 Eggrolls and rice, vegetables, fruit	15 Turkey breakfast sausage sandwiches with cheese, vegetables, fruit	16 Make your own tacos, vegetables, fruit	17 Tortellini, vegetables, fruit	18
19	20 BBQ chicken sandwiches, vegetables, fruit	21 Pasta with fresh corn, basil and tomato, vegetables, fruit	22 Teriyaki meatballs on Jasmine rice, vegetables, fruit	23 Turkey club sandwiches, vegetables, fruit	24 Chili nachos, vegetables, fruit	25
26	27 Baked chicken, vegetables, fruit	28 Pizza bagels, vegetables, fruit	29 Pea pesto pasta salad, vegetables, fruit	30 Natural beef kosher hot dogs, vegetables, fruit		