

February 12, 2024

LEST Information

Hope Families,

An updated schedule is attached along with a campus map of Concordia Tacoma and a general information sheet from PLU plus a self-guided map. Please refer to the schedule for times and locations of events. It shouldn't change, but if it does, we'll notify coaches as soon as possible. Below are some tips to help you navigate the event well.

Do we need passes to be admitted to an event?

Yes, any adult over the age of 18 needs a pass to enter most of the spectator events EXCEPT Chess, Science, and Math (these events are closed to spectators). **You may purchase passes ahead of time in the school office for \$25 ea. (*check made out to Hope Lutheran School or cash preferably*).** Tickets are also on sale at the various events for \$30 ea or \$10/day. Tickets are NOT required for students/siblings.

Plan Ahead

Not every event is held on the PLU campus. Please pay extra attention to where each event is located and note the time it takes to travel from one location to another. Addresses of all the locations are printed on the back of the schedule. Twenty minutes from one location to another is not unusual. Plan ahead and give yourself plenty of time. Sometimes carpooling can be helpful especially if several students must get to the same event. *Parking at PLU is available in the Library, Morken, and Olson Gym lots.*

Food Options

As noted in the PLU information sheet, there is a dining facility located on the main floor of the Anderson University Center and they list several off-campus food options, but it is a good idea to pack snacks, water and even a picnic lunch in case you are not near food options. Take note of event locations that don't allow food or drinks inside. We encourage families to get together for larger meals like breakfast or dinner as it is a fun way to get to know other families.

LEST Spirit

For those new to LEST, this is a fun event and school spirit is definitely encouraged. To fully enjoy the experience, try to attend as many events as possible even if your student isn't participating. For those students who are competing it is nice to know that you have

support from your school to cheer you on. Sometimes it isn't possible to get to everything, and that is ok, too. Some of the venues can be a bit small, so seating is limited (swimming venue for example).

Good sportsmanship and conduct are encouraged by our school at all events, both for competitors and parents. We discourage being critical of game officials, etc.; most are volunteers. Building camaraderie at events, meals, or the hotel adds to the experience of LEST. If you can attend the opening or closing ceremonies or both, it is a great opportunity to see all the schools and enjoy the Lutheran school spirit. Some of the schools are coming from out of the state!

Most importantly, HAVE FUN! GO EAGLES!